

San Francisco Examiner

10 PAGES OF RACE COVERAGE

Monday, May 19, 1986 ★★★★★ Section F

RECORD BREAKERS

- A record field runs the race: 100,000
- Ed Eyestone breaks men's record: 34:32.5
- Grete Waitz breaks women's record: 38:46.5



Examiner/Bob McLeod

In the front of the Bay to Breakers pack were, from left, David Walters, Geoff Smith, winner Ed Eyestone (No. 9), Steve McCormack, Ibrahim Hussein and Mark Curp

Eyestone and Waitz meet the challenge

By Glenn Kramon
OF THE EXAMINER STAFF

SO THE EXAMINER Bay to Breakers has reached 100,000 runners. It has become the largest participant sporting event in the world. It has reached its 75th anniversary.

Now it needs a new challenge. How about: Becoming the first race in history in which the winner crosses the finish line before the

last entrant crosses the starting line.

And how about another goal: A woman finishing in the top 20.

In his first Bay to Breakers, Ed Eyestone came valiantly close to meeting that first challenge in yesterday's 7.5-mile race across San Francisco. Because of the huge crowd, the final jogger didn't cross the starting line until 29 minutes after the race began, up from 23 minutes last year. Eyestone finished

less than five minutes later — in 34 minutes and 32.5 seconds (4:38 a mile), breaking the course record by 21 seconds.

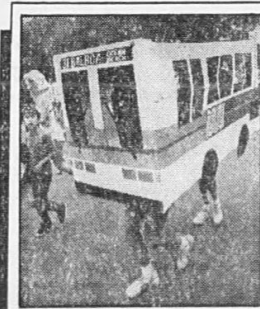
If the number of entrants continues to grow and this outgoing 24-year-old from Utah improves as much in the next year as he has in the past one, the simultaneous start-and-finish record might be his.

Grete Waitz, meanwhile, could challenge the top 20 next time. Destroying the women's record by 1

minute and 8 seconds, the 32-year-old first-time entrant finished 37th in 38:46 (5:12 a mile). That was only 44 seconds behind the 20th finisher. It also was only 10 seconds off the world record for a race at the 12-kilometer Breakers distance — and that record was set on a course that didn't have a Hayes Street hill.

The highest a woman had placed previously was 72nd, by Joan Benoit Samuelson last year in her

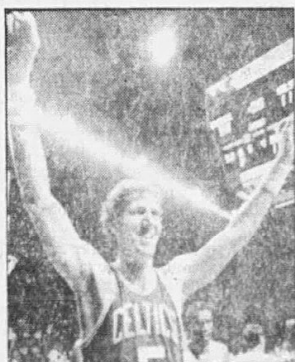
— Please see RACE, F-2



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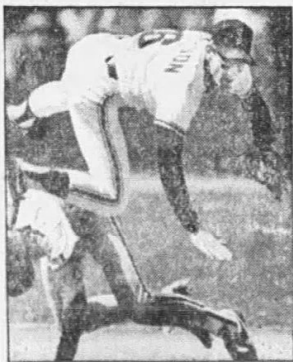
Inside Sports



Celtics waltz into finals with sweep of the Bucks

Rockets lead Lakers, 3-1

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Giants beat Phils, leap into first place with Astros

O's embarrass the A's, 13-4

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Gary Player wins Senior event

75TH EXAMINER BAY TO BREAKERS

From Eyestone to eyesores at the finish line



Front five for Impala-rinas, from left: Darcy Plymire, Karen Scannell, Irene Herman, Debby Bispo and Peg Lavelle

RACE - From F-1

Breakers debut. Samuelson finished in 39:10 this year, second to Waitz and in 43rd place overall, breaking her own course record by 44 seconds.

That Eyestone, Waitz and Samuelson had accomplished these times against a cold, stiff wind in their faces on this foggy day was not lost on the thousands of runners watching the awards ceremony after the race.

But the pace was hardly brutal at the beginning. Eyestone was among a pack of more than a dozen who, bothered by the wind, got off to the slowest start in recent Breakers history — a 4-42 mile. Coming through two miles, the pack was mostly intact, and running 20 seconds behind Ibrahim Hussein's winning pace from last year.

But once the group reached the base of the Hayes Street hill, Eyestone tired of waiting for someone to make a move. "I had planned just to match strides with Ibrahim up the (half-mile-long) hill and then take off on the back side," Eyestone said. "But on the uphill, nobody seemed to go with me."

Hussein, a 27-year-old Kenyan defending two straight wire-to-wire Breakers victories, was slowed by an aggravated lower back, and it showed on the hill. Hussein fell back rapidly as Eyestone surged.

Eyestone's most awesome burst came on the back side of the hill — he was virtually sprinting for more than a block, his hands flapping wildly. By the time he reached the 3-mile point at Divisadero Street, the race outcome was history.

After that, all Eyestone had to do was run conservatively and hang on. He almost would have had the time to relax, notice the fragrant eucalyptuses and colorful Victorians in the Panhandle, and wave to his girlfriend, Lynn Lambert, who was riding the camera truck in front of him.

Instead, the 6-foot-1 NCAA track champion from Brigham Young University pushed himself, his long legs skimming over the Panhandle asphalt at more than six yards per second. By mile 4, he was just four seconds over the record pace, and at mile 5 he was seven seconds under it.

Though the closest challenger was now 200 yards behind and out of sight, Eyestone kept charging. Not once did he look back.

When he started to tire around six miles, "somebody rode by on a bike and said I could break the record, and I got a shot of adrenaline."

In winning, Eyestone became only the second among 550,000 runners in the history of the Bay to Breakers to cover the course in under 35 minutes. Accepting the BMW, jewelry and trip to Paris that went to the first man and woman, Eyestone got a big laugh by wondering aloud whether he now qualifies as a yuppie.

A sharp dresser with quick wit and good looks, Eyestone certainly qualifies as medagenic, and his vic-



Ed Eyestone gets a victory hug from girlfriend Lynn Lambert

tory here likely will bring him nationwide attention.

The start of the women's race was almost as fast as the start of the men's race was slow. Worried about the big crowd in the starting area, Waitz ran her first mile in 5:00, only 18 seconds slower than Eyestone did (the women generally average 30-40 seconds a mile slower). But Samuelson had caught the Norwegian by the turn from Howard onto Ninth at 1.5 miles. They ran together to the hill, but Waitz broke away near the top and slowly built a lead as they headed through the park.

"I had no special strategy in this race," Waitz said, "but I knew Joanie would be there and it would have to be a hard race." Knowing that Samuelson is a strong downhill runner and the final third of the Breakers course is almost entirely downhill, Waitz felt she had to get away before the end.

"At 5 miles," Samuelson said, "I thought I'd have a chance to catch her." But Waitz, trailed closely by the centipede team of the Aggie Running Club, never let up. She beat the Aggies by 5 seconds, and Samuelson by 24.



In the end, Grete Waitz, No. 8, had the number of the Aggies, beating the macho centipede by five seconds

By Tim Wendel OF THE EXAMINER STAFF

FUND-RAISERS for Imelda Marcos, a member of the "Chernobyl" softball team and a man dressed as a giant toothbrush were a small sampling of the crazy characters streaming across the finish line at the 75th Examiner Bay to Breakers yesterday.

This was the place where agony turned to ecstasy. Amid foggy skies at the Great Highway, there were shouts of "All right" and seemingly miles of smiles. One runner even hummed the "Rocky" theme song to himself.

This is how it went: ■ 8:34 a.m.: Ed Eyestone, a 24-year-old former track star at Brigham Young University, wins the race in a record 34 minutes, 32.5 seconds. Moments later, he's in the embrace of his girlfriend, Lynn Lambert.

"This is the first race I've ever seen him run that he's won," Lambert enthused. "We have a lot of hills from where I come from," said Eyestone. "Hills are my forte. That's why I made my move at Hayes Street."

■ 8:39 a.m.: Women's winner Grete Waitz has finished, followed closely by Joan Benoit Samuelson, last year's champion.

"Super race," Samuelson told Waitz minutes later. "I was expecting you to come back at me the whole way," replied Waitz.

"Not today," Samuelson said. Samuelson, the '84 Olympic gold medalist in the marathon, added that she felt good at the start, but soon felt sluggish and lost contact with Waitz, the '84 silver medalist, on Hayes Street.

"It's the exact opposite of last year," Samuelson said. "Then I felt sluggish at the beginning and came on at the end."

■ 9 a.m.: An all-woman team called the Impalas pulls in, dressed in pink tutus.

"We're pretty in pink," said Peggy Lavelle of San Francisco, who completed her seventh straight Bay to Breakers. "Last year we all came as Mayor Feinstein. This year we're the Impala-rinas."

Phil Welch of Fairfax, dressed as a giant toothbrush, is a crowd favorite. "I had a little trouble with wind resistance," he said, pointing at his head, which was sticking out of a stack of bristles.

■ 9:15 a.m.: Kent Dusch arrives, wearing a pair of orange and blue Hawaiian shorts. "Just doing my bit for race color," he said.

A native of San Francisco, the 23-year-old Dusch now lives in Atlanta, but returned to run the race with his father, Murray.

At first glance, Karam Tahir of Belmont looks like a firefighter in his bright yellow jump suit. Upon closer inspection, the word "Chernobyl" is visible over his left front pocket.

"I'm a member of the Chernobyl softball team," he said. "That's the way their teams are going to have to dress after the nuke accident over there."

■ 9:30 a.m.: Apparently the first baby to cross the line, 1½-year-old Holly Stevens finishes in a stroller pushed by her father, Mike, and accompanied by her mother, Terri.

"She wasn't difficult to push," said Mike. "We told people along the way that she was really pulling us."

Finishers Mike Hartman and Linda Taylor of Long Beach are wearing firefighter hats, complete with revolving red lights.

"This is so we can find each other when we get lost," said Hartman.

The race marked the fifth straight year the couple has flown up from Southern California to participate.

"We won't miss it," said Hartman. "This race and the Doo Dah Parade in Pasadena (Rose Bowl Parade parody) are the events I look forward to every year."

■ 9:45 a.m.: Gary Gerard of San Francisco, accompanied by five



Holly Stevens, 1½ years old, went a long way, baby



Phil Welch bristled at the Bay to Breakers wind factor

women friends, completes his first Examiner Bay to Breakers. All are wearing frosted, Tina Turner-like hairdos.

"We've been up since 4 this morning working on our hair," he told bystanders.

At that moment, Gerard reaches to his head and yanks — a wig.

"Fooled ya," he laughed. Also at this time, the first of approximately 30 cross-country skiers who took part in the race slide to the finish.

"I loved it," said one of them, Elizabeth Menendez of Jackson Hole, Wyo. "This is the first time I've ever been to San Francisco. What a beautiful, crazy place."

And what kind of ski wax do you use for the Bay to Breakers?

"Any kind," she said, "because it lasts for maybe 200 yards on asphalt."

A huge, green and white inflatable plane comes across the finish line with support crew, trumpet players and appropriate cheer — "Where's the beer?"

■ 10 a.m.: Nancy Watson of San Francisco and her friend, Laurie Lannan from Hawaii, ran as Cleopatra and grass-skirted dancer.

"I talked her into visiting so we could run this together," said Watson.

"I had a great time," said Lannan. "I'll be back."

■ 10:15 a.m.: With shoe boxes on their heads and play money pinned to their T-shirts, two San Francisco State students, finishers Diana Plamondon and Lulu Bagnol, billed themselves as the Imelda Marcos Aid Fund.

"It's a shame what's happened to her," said Bagnol, tongue planted firmly in cheek. "We hope by running here today we bring attention to her plight."

■ 10:30 a.m.: It's now nearly two hours since the winner finished. Thousands continue to stream across the finish line, but most are walking now instead of running.

Monroe Snyder, 68, of Cleveland, slowly makes his way down the chute toward Golden Gate Park.

"This is my first Bay to Breakers," he said. "I'd like to try it again next year."

"But it's a tough race. I'll admit I walked a couple times. I did OK, but, boy, that Hayes Street hill is something."

Many more runners at the Great Highway yesterday would agree with that statement.

75TH EXAMINER BAY TO BREAKERS



Examiner/Kim Komenich

A 300-pound Humphrey the Whale was a big fish in a very large Bay to Breakers pond, creating many waves among the surrounding runners in the massive field

It's Waitz until next year for mighty Aggies

By John Crumpacker
OF THE EXAMINER STAFF

AFTER WATCHING a group of runners with plastic joke-store buttocks attached to their rear ends — The Running Behinds, of course — one plainclothes participant remarked, "They'd never do that in Atlanta."

To be sure, what happens in the Examiner Bay to Breakers happens nowhere else on earth. The 75th running of the world's largest foot-race gave further evidence that aberrant behavior is the norm, not the exception.

The Running Behinds, from Paramount in Southern California, fell short by five members in trying to qualify for the 13-person centipede category.

"We're the butt of many jokes," said head butt Jim Stevens. "We were going to be a butt-a-pede. We're the Preparation H Running Team."

The Running Behinds hope to add enough runners to gain official centipede status next year.

The centipedes that did crawl nearly 7.5 miles across The City were a wildly varied lot, from the 300-pound Humphrey the Whale to the 205-foot North Face centipede; from the irreverently competitive Aggie Running Club to the Highland General Hospital Trauma Center, complete with a bloodied training mannequin named Maybelle on a gurney.

"A lot of people wanted to trade places with her," said Dr. Alan Eshleman of Highland Hospital. "Put me on and take her off."

Of all the centipedes in the race, only one took it seriously. That would be the Aggie Running Club, which has won every Bay to Breakers centipede race since such insanity began in 1978.

Until last year, when they were outraced by Joan Benoit Samuelson, the Olympic marathon gold medalist, the team had always beaten the first woman finisher.

Yesterday, the Aggies won the battle but lost the war. They beat Samuelson this time, but lost to the first-place woman again. Grete Waitz ran a course record 38 minutes, 46.5 seconds. The Aggies came through in 38:58, a personal best in the category.

As the chill ocean wind buffeted the red nylon sash that bound them to one another, the Aggies said a lack of coordination at the end cost them a shot at Waitz. The Aggies were right behind the Norwegian great entering the shute 240 yards from the finish on the Great Highway, but they became entangled.

"We passed her up with 200 yards to go and guys started banging into one another," said Pete Sweeney. "We couldn't stay upright. Shoot, we beat the Aggie centipede record by a minute and a half. Beat Joan Benoit, last year's champion, easily. We toasted her in the park."

But the gaunt, determined Waitz was too formidable.

"Our lead guys were hurting," said Joe Green of Vallejo, "so we pulled a turnaround and had the guys in back try to take the lead, but we got tangled up. There's 13 of us. It's hard to orchestrate the finish, but we ran tough."



Examiner/Mark Costantini

Second Sole members Agnes Livingston, Mary Maddox and Paula Beard ran in one of the faster centipedes

If there was consolation for the Aggies, it was in keeping pace with acclaimed runners Waitz and Benoit Samuelson, said Sweeney, a 30-year-old who ran track at Cal Poly, San Luis Obispo.

"It's fun for runners like ourselves to be right there with an international star, something we never did individually," Sweeney said.

The polar opposite of the Aggies would have to be the dissolute group that formed a Golden Gate Bridge centipede. Their red, plastic-pipe structure was supported by a shopping cart with a keg of beer at the ready. They came, they saw, they drank.

"We have a new technique for that," said Dave Cefali. "We'd run, stop and drink; run, stop and drink."

With a live keg of beer rolling along, the Golden Gate Bridge centipede was most popular. In an amazing display of compassion for their fellow runners, the Bridge-pede dispensed many cups of free beer.

Suds was the theme of a six-pack entry called Parrot Beer. The elaborate, float-like contraption had a tropical theme, with palm trees, parrot heads and a giant cheeseburger on top. A cheeseburger?

"A Cheeseburger in Paradise," said Encino's Mike Smith, naming

the Jimmy Buffett song that played on a portable stereo taped to the six-pack. "This is the sixth year we've done it. Every year we do a different beer, even though there's no such beer as this."

The North Face centipede, a whopping 205 feet long, had a funny mishap early in the race. A group of 49ers running the race attempted to hurdle the hi-tech centipede to gain better position. All made it except defensive back Tom Holmoe, whose foot caught an edge of the centipede and turned it over.

"Everybody went booooo!" said linebacker Keena Turner, laughing at his teammate.

The Second Sole centipede — 13 women in tights, garish makeup and costume jewelry — was one of the first centipedes to finish.

"We're the Carmen Miranda women," said Theresa Muela of San Francisco. "We're sexy. We're hot. We're good. And fast."

Definitely not fast was the Coyote Hill Dalmatian centipede of Fremont. With 13 people dressed in black-and-white spotted outfits and carrying a 60-foot ladder, accompanied by a fire chief and a fire hydrant, the Dalmatian centipede was not built for speed.

"But we aced Humphrey by a tail," said lead Dalmatian Herb Stevens.

The spectators



Examiner/Katy Radotz



Examiner/Tom Duncan

IF YOU didn't want to take a run at the Bay to Breakers, it was still worth coming out to watch. The family at far left dressed in jogging clothes and giggled at the crazy costumes. The group in the near left photo, Rita Goltz, Bobb Chaney and Julie King in the background, all came from Tracy. And then there was Calvin Sullivan, right, who got a down-to-earth view of the event



Examiner/Tom Duncan

75TH EXAMINER BAY TO BREAKERS

An event for cheats, champs, young and old

By Mark Soltau and Mark Langton
OF THE EXAMINER STAFF

THEY CHEATED — and they're proud.

They call themselves the "Mission St. Cheaters," and their credo is "You Can Run — And You Can Hide." They meet once a year about a block away from the Bay-to-Breakers starting line and, put simply, they cheat.

When the race officially begins, they're already well down Mission Street with a head start. A block away, as the mass of humanity inches down Howard Street, this less-than-official, unregistered "non-team" is taking shortcuts wherever they can find them.

"I do this every year," said Fred Shuster, a self-proclaimed Cheater. "I don't know how it got started, but it's become a kind of tradition."

To date, no Cheater has "officially" made it to the finish line. "Finish?" said one unidentified Cheater, smoking a cigarette. "What would be the point?"

At the starting line, it looked like a family newspaper version of Mardi Gras — just as surreal, but somehow more wholesome.

At the first crush, there was the giddy sensation of being in the middle of a Betty Boop cartoon. Max and Dave Fleischer, creators of early Betty Boop and Popeye cartoons, would always populate their early shorts with crowds of animated inanimate objects — clocks and cars and frying pans with eyes and mouths and noses. And sneakers. Always they wore sneakers. Max and Dave would have felt right at home here.

There was a crushed beer can with legs; an anthropomorphic slice of pizza, "one tired runner" wearing a car tire around his waist; two girls wearing prom dresses; a guy wearing a bathrobe and towel, toting a can of shaving cream; another wearing boxer shorts and a tuxedo coat; two male streakers; a female flasher in a black raincoat with a contingent of groupies close behind; a rather muscular Golden State Warrior cheerleader, standing about 6-4. "Dikes on Nikes," a group that claimed to be local FBI called "Feds in Keds," a serious runner in nothing but his Calvin Kleins; a guy wearing a self-defeating T-shirt that said "Party Naked;" cats, bears, a penguin, a whale; and four regulation Rambo, spraying the crowd with a toy machine gun at the top of Hayes Hill, crying "Adrian! Adrian!" to the wild cheers of the crowd.

Norman Bright, 76, who won the race in 1937 but is now blind, had a 30-minute head start and finished smartly, helped by two companions.

"I never stopped running and I never will," Bright said. "I'm a young 76. Running is my life and

happiness."

Dino Daniels of Oakland, 12, the youngest seeded runner, finished in less than an hour. Daniels, a sixth grader at Eldridge School, holds three national distance records.

"I loved the course and everything, but the crowd was crazy," said Dino, who is 4-foot-7. "They were running into everybody. I didn't get scared, but I didn't feel comfortable."

Actors Robbie Benson and Billy Moses ran the race for the first time. Benson's time was 47 minutes, while Moses took 62.

"It was a lot easier than I thought," said Benson, 30, who runs regularly in Los Angeles.

"If this is a runner's high, I'm checking into AA," joked Moses, a regular on the television series "Falcon Crest."

For cleverness and careful attention to detail, consider the Stanford Heart-Lung Transplant Team, a trio of Fred St. Goar, Jane Lombard and Laura Esserman. They had a cardboard booth mounted on a hula hoop, and all three ran the race in that circle.

Lombard, in the middle, wore a shirt with a meticulous drawing of a heart. St. Goar and Esserman, on the flanks, wore gauze sheets, upon which were drawn careful renditions of the lungs. St. Goar is a cardiologist intern and Esserman is a surgical resident at Stanford Medical Center. Lombard is an intern at Valley Medical Center in San Jose.

"We had a few donors along the way," St. Goar said. "We saw some people who looked like they needed transplants."

There were at least two Godzillas in the race. One was carried on a platform by a group of 11 wearing T-shirts reading, "A good lizard is hard to find."

Jeff Frankel of San Francisco said of the group, "We're celebrating Godzilla's 30th birthday, trying to help him get his Green Card. He's a great Japanese-American."

Examiner editor and publisher William R. Hearst III ordered a pair of Nike Air shoes especially for the race — black and yellow numbers that looked like the Shoes of the Dead.

"In the first half-mile, people kept yelling at me," said Hearst. "Hey, shoes! Hey, yellow!"

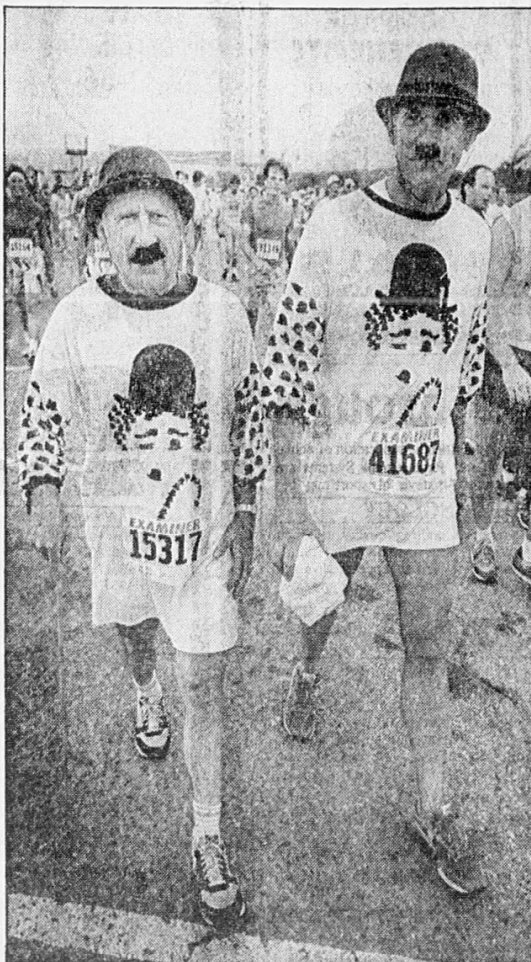
The Aggies — the winning centipede — finished only 11 seconds behind women's victor Grete Waitz. One of them quipped, "We were so close to her that when she has a kid it's going to look like our lead runner."

T-shirts and signs: Slow-moving Vehicle, Pushing 40 Is Exercise Enough, and Thought Criminal.

(Examiner staff writers John Crumacker and Edwin Beitiks contributed to this report)



Examiner/Tom Duncan



Examiner/Mark Costantini



Examiner/Craig Leo

There were plenty of characters in yesterday's Bay to Breakers, and even a helicopter. The chaps at left, Frank Dina on the left and Tom Gregory, gave a Chaplinesque look to the race. And Wayne Shaffer of Santa Cruz showed just how tough his Rambo character was, pinning his number right to his chest

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75TH EXAMINER BAY TO BREAKERS

On the air Shelley Smith



KPIX-rated race

WE COULD have done without the 49er cheerleaders (who had a one-cheer repertoire of "Go").

We could have done without Wendy Tokuda's centipede interviews, and we certainly could have done without the technical snafus that provided us with pictures of feet and sounds of confusion.

We could have seen more of the common people — more of the outlandishly costumed runners — and more of the party that is the Examiner Bay to Breakers.

But despite the could-haves and should-haves, KPIX's television coverage yesterday captured the zaniness and the seriousness of the 75th annual race through the City streets.

A lot of the reason was Diana Nyad, whom the station "borrowed" from ABC Sports. Nyad sat in the announcer's booth with Wayne Walker and not only provided us with astute insight into the elite-runners' race, but also gave us a taste of the fun.

She was poised and smooth, offering bits of information such as: "We tell everyone they (top runners) are injured — they'll never bring it up themselves" and pointing out how Grete Waltz's cheeks were "blowing in the wind because the speed is ferocious."

She put on an antler-type headband, an inner tube and sunglasses and brought a bit of professional fun to both the morning telecast and the evening one-hour highlights show.

There were other bright spots: • The Examiner's one-and-only Glenn Kramon, who predicted

before the race that Ed Eyestone and Grete Waltz would win.

• Nyad's set-up of the women's race, which accurately pointed out why Waltz had an edge over Joan Benoit Samuelson.

• Camera work on the Hayes Street Hill, which showed us how steep it was and how Eyestone pulled away from the field.

• Feature on the difference between a serious runner and an average runner, which introduced many of us to stride angles and "crossover" feet positioning. It made sense.

• Wayne Walker's line: "Sixty percent of the runners are men, 40 percent are women and some are undeclared" voiced after Mike Hegedus interviewed a male running in drag.

• A highlights-show feature on the wheelchair centipede. It was especially moving as we watched the group struggle up the Hayes Street Hill chanting "Hayes Street, Hayes Street."

Items in the "Things we could do without department":

• The fog, which Walker at first told us would ground the station's helicopters. The choppers obviously got up in time for the start of the race, but Walker never told us that.

• Audio problems in cutting from Walker and Nyad to Kramon and KPIX's Kate Kelly, who was following the lead woman runner.

• The time spent interviewing the Stanford and Cal engineering departments, who were trying to count how many runners actually competed. Nobody really cares and the two schools treated it as a joke anyway.

• The lack of word on the Aggies, who were right on the heels of Waltz until the very end.

• Camera shots and Wendy Tokuda's interview of Humphrey the Whale as he (?) was attempting to go under a centipede dressed as the Golden Gate Bridge.

• Doug Murphy's interview of the 49er cheerleaders, who spent several minutes of air time kicking, shaking and yelling "Go."

• The repeat of Joe Fonz's interview of Eyestone during the highlights show.

■ **Other happenings**
ABC's COVERAGE of the Preakness was another winner,

even though Ferdinand (the Kentucky Derby champ) wasn't. Especially good was a feature by Charlie Cantey on Hajji's Treasure, the California horse who broke his leg during last year's Preakness.

• Billy Cunningham's work during the CBS telecast of the Boston-Milwaukee NBA game yesterday was top-notch as usual. He offered refreshing, accurate insight, saying: "I think the illegal defense rule stinks, especially for our audience."

• Cunningham again after the cameras flashed on Don Nelson's tie of an upside-down fish, given to him by the Wisconsin fans. "I think Nelson and Doug Moe (Denver Nuggets' tackily dressed coach) should open a clothing shop."

Said Brent Musburger: "The Rag Pile."

NOTES: ABC will televise the Indianapolis 500 live for the first time Sunday, beginning at 8 a.m. Jim McKay will host... The United States Football League has signed a 22-game agreement with ESPN. The first game is Sept. 14 between the Memphis Showboats and the New Jersey Generals. Sixteen of the 18 regular-season games will be televised Sunday evenings... ESPN begins its coverage of the French Open a week from today with Jim Simpson, Cliff Drysdale and Fred Stolle... Because of technical problems during the San Francisco Giants-St. Louis Cardinals game April 29 and on May 2, GiantsVision is crediting full-package subscribers with \$3.50 for each game. Night and day-night customers will receive a \$4.50 credit... ESPN begins its coverage of the college baseball players Sunday with John Sanders and Joe Morgan announcing... KRON is producing a documentary on the Oakland-Alameda Coliseum's 20-year history for showing in September.

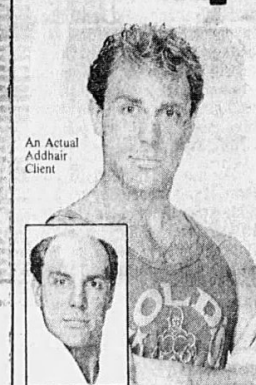


Ed Burns of San Francisco didn't miss a Bay to Breakers beat — on the tube or in person

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75TH EXAMINER BAY TO BREAKERS

They ran into fun in the park

By Edvins Beitiks
OF THE EXAMINER STAFF

A HALF HOUR into the show, about the time Pride and Joy started playing "Get Ready," the Golden Gate Bridge got up to dance.

Matt Larson held on to the front of the hand-made, red-tube bridge and Barry Vanderkelen held onto the back as they mashed-potatoed their way across the green grass. "I'm glad I came," said Vanderkelen. "This is one big party."

Even though the morning wound up overcast and cold, close to 200,000 people crowded into the Polo Field at Golden Gate Park to take part in Footstock, the post-race party for the Examiner Bay to Breakers.

They cheered as the race winners were announced. They cheered the Aggies, the winning centipede. They cheered the Marine Band when it played "Happy Birthday" to Joan Benoit Samuelson. And when the rhythm and blues started, they cheered again.

"I think this is fantastic," said Carmelita Andrews, 61, of San Francisco, clapping her hands and dancing slowly. "They ought to have this all the time, not just once a year."

Andrews, who ran the race for five miles before fading out, said, "This is just like a jazz concert. You've got all these people around, but nobody's fighting. Everybody's getting along fine."

A few blankets away Larson and Vanderkelen laid down the Golden Gate Bridge to start in on lunch. For Larson, 26, of Oakland, it was his first Bay to Breakers.

"I just wanted to finish in the top 75,000," he said, "and I think I came close."

Scattered on the lawn, runners were flat on their backs, lost in a mid-morning snooze. Some were up fancy dancing, and some were wandering among the booths, asking questions and grabbing freebies.

The booths went on forever: Yo-plait yogurt, Multi-Pure Drinking Water Systems, Tiger Balm ("Try Me for Extra Strength"), Chipwich, Chiropractic Motion Analysis, Diagnostics, FrozFruit, Tecate, Latch, So & Li Chiropractic Office ("Free Spinal Exam"), and the three-wheeled Baby Jogger for parents who bring their babies along for the ride (\$175 plus \$10 shipping — one year guarantee).

The Post Office had its own stand, set up to handle 100,000 people wanting postcards commemorating the Bay to Breakers' 75th Anniversary at 22 cents each.

Doug Keeley, 43, of Los Altos, pulling out money for one of the cards, looked around at the growing crowd and shook his head. "The last time I ran here... I think it was '72 or something... there were only 2,000 people in the race. Can you imagine?"

About the time Ed Eyestone was crossing the finish line to win, Lian-dro Jimenez and Leo Pili of the San Francisco Conservation Corps were already going over the grounds, filling up plastic bags with chunks of trash. After three hours the Conservation Corps, more than 80 strong, had bloated hundreds of bags with trash and were still trying to keep up with the crowd.

Runners milled around the Milky Way booth, where they were



At the Polo Field Footstock, the runners found the fun didn't end at the finish line of the 1986 Bay to Breakers

handing out free candy bars, then stopped for a Pan Am visor and jogged up to get Pepsis and Lite beer and more free caps. "They're just giving stuff away here!" a runner yelled, grinning from one ear to the other.

Every few minutes the loud-speaker blared out the names of lost children ("Billy Souza, Matthew Guasea, John Sullivan, George Ellis..."), and behind the lost and found tent a dozen youngsters stood by themselves, staring at the ground.

On stage the organizers of the event offered their thanks to the runners and the crowd. Nick Baker

of Security Pacific Bank, which sponsored Footstock, saluted the 400 Security Pacific volunteers who helped out at the event.

On the lawn, people broke out pasta salads and champagne, cold beer, wine coolers and hibachi burgers. They ambled over to more than 200 port-a-potties and swarmed around tents offering 6,000 box lunches — 1,300 pounds of cheese, 1,000 pounds of apples, 36,000 ounces of yogurt and 18,000 ounces of ice cream — all gone in a long sneeze.

On stage, the Aggies stood before the microphone and chanted,

"We beat Joanie, we know she's no phony. But to beat Grete, we got to get better!"

As the Marine Band played "Anchors Aweigh," the Aggies stood to one side and talked about this year's best-ever finish. "Sleep made the difference," said Dennis O'Halloran, 35. "We got about 2½ hours this year. An hour less would've killed us."

Tom Laythe, 30, said the Aggies "closed down Rockin' Robin last night and got obnoxious at Zim's." Footstock, he said, offers the centipede another long day of hoo-ha. Pride and Joy came on stage to

play some blues and by the time the group got to "I Heard It Through the Grapevine," people were sweating, pulling off their coats to dance in the crisp air.

They were doing the Swim and the Frug and the Twist and wearing everything from rain slicks to frayed Hippy huggers. As the band broke into "Chain of Fools," Cindy and Yvonne came on the stage to join in — almost-twin blondes wearing blue tights and ballooned out rubberized t-shirts, snake-dancing side by side.

The crowd loved it.

It was a swell event, but there were bumps and bruises

By Lisa Krieger
EXAMINER MEDICAL WRITER

WHILE THE fit and fastest stood on stage to accept their awards, the also-rans — limping, cold and in tears — stood in line at the Examiner Bay to Breakers first aid tent, awaiting medical help.

As the nurses in the Polo Field station yelled "Next!" each runner stepped forward, displaying cuts, scrapes, sprains, blisters, or bruises. With the theme song from "Chariots of Fire" roaring in the background, the injured were patched up and sent home.

"A lot of these people shouldn't be running at all," said Red Cross volunteer Teresa Hull. "It's amazing that more people aren't hurt."

The real miracle, say American Red Cross volunteers who staffed the first aid stations situated at each mile of the course, is that so many runners sustained so few injuries.

Actually, in relation to the number of runners, relatively few runners are injured, according to director Billie Shuler of the American Red Cross. Of the estimated 100,000 runners, only 600 needed first aid and a handful were hospitalized.

A special problem this year was hypothermia. Drenched in sweat and chilled by the weather, dozens of runners were pale and shivering after the race. They were quickly swaddled in special plastic and wool blankets, then loaded into the back of warm first-aid vehicles.

As usual, the first runners across

the finish line had the fewest medical mishaps. It was the later runners, pushing themselves beyond capacity, who had problems.

Under-trained and over-excited, runners faced predictable mishaps. One competitor, carrying a trash-bag full of beer bottles, had small glass cuts up and down his thighs. A blonde in a glittery purple and gold bikini suffered from hypothermia. Another runner, listening to David Bowie on her headset, tripped over the curb and twisted her ankle.

They used up several 1-pound jars of petroleum jelly, large boxes of bandages, tubes full of antiseptic cream and yards of sterile gauze. All 20 blankets at the finish line clinics were quickly distributed and had to be replaced by emergency supplies from other stations.

"Most injuries are caused by people with a history of illness who don't train and don't assess their own health," Shuler said.

For the 90 nurses and medics who volunteered at the race, the day began at a 5:30 a.m. breakfast meeting at the American Red Cross headquarters to pick up portable radios and receive last-minute instructions. Over bagels and cream cheese, Shuler divided the sleepy volunteers into teams.

A total of nine first aid vehicle crews, five teams of backpack-carrying runners, and several private ambulances cared for the injured. Every mile of the course was manned by medical personnel.

For experienced runners, nature was kind: Fog and cool temperatures are ideal running conditions

for those who are well-trained. Unlike other years, heat exhaustion posed no threat. Extra water and related supplies went unused.

It was the poorly conditioned runners, however, who were most vulnerable to hypothermia. While exercising, a runner sweats to cool off his skin surface. In addition, his peripheral blood vessels open up to dissipate internal heat.

But these changes can lead to sudden overcooling, causing uncontrollable shivering and mental confusion. Misled by weather forecasts, many runners dressed too lightly for the weather, said Shuler.

Also more common this year were knee injuries, perhaps because of the cool weather and long delays between stretching and beginning the run. Aspirin and ice

were distributed in massive quantities, along with directions to the nearest bus stop.

Carelessness was another source of injury. Plastic bags, worn and then discarded by front-runners, caused those back in the pack to trip and fall. Water balloons thrown at runners on Hayes Street caused slipping and sliding. Some runners said they were stepped on by other competitors. Others complained that they were pushed and shoved.

Red Cross volunteers expected the unexpected, and were not disappointed. One young man was hit in the eyes by a tree branch. By the time he finished, acute allergies had swollen his eyes shut.

Another runner, overweight and hypertensive, arrived at a first aid

tent complaining of foot pain. Once seated, his blood pressure plummeted. Faint and light-headed, he was laid out in a stretcher and eventually hospitalized.

Several runners went into insulin shock and two children collided on bicycles. One competitor injured his ring finger while attempting to jump a fence. Another asked medics to rub petroleum jelly between his chafed legs. He was politely, but firmly, rebuffed.

For most of the Red Cross volunteers, it was all in a day's work. Said ambulance driver Mary Beauvais, a 25-year veteran of earthquakes and floods: "This is just fun. When I woke up this morning, I was wishing that I was going to a real disaster."

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HAND CRAFTED BY PROS
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Bay to Ache-ers?

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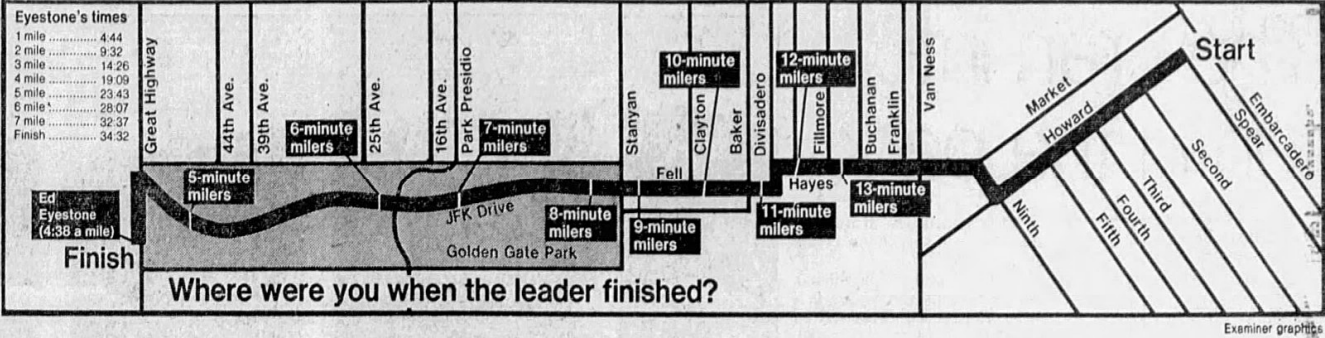
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75th EXAMINER BAY TO BREAKERS

The first 5,100 Finishers who were in the top 5 percent

Where were you when the leader finished?



How this was done

The first 5,000 runners in the San Francisco Examiner Bay to Breakers had the lower portion of their runner's number card pulled off as they passed through the finish gates.

A computer program pulled the runner's numbers were entered into an IBM System 38, which had been used to process the runners' registration forms.

The tape was then fed into the Examiner's word processing computer (which is based on a Tandem TNS II) and stories were created. "Programmable" keys handled inserting paragraph indents, taking the all-upper and converting it properly to upper and lower case, as well as changing some city abbreviations.

The entire process took 14 hours, with up to five terminals at a time running the correction programs. Some runners who passed through the finish gates will not find their names on the Bay to Breakers;

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- 1 - Ed Espinoza, San Jose, 44:25. 2 - ...

- 101 - Thomas Ego, Novato, 40:52. 102 - ...

- 201 - Ed Teranberry, SF, 43:30. 202 - ...

- 301 - Michael Acas, SF, 44:26. 302 - ...

- 401 - Suzanne Bevin, Moraga, 47:40. 402 - ...

- 501 - John Jennings, Sausalito, 49:52. 502 - ...

- 601 - Orio Long, Walnut Creek, 51:22. 602 - ...

- 701 - Stephen Knudsch, Susan City, 52:17. 702 - ...

- 801 - Jonathon Scott, Menlo Park, 52:22. 802 - ...

- 901 - Jonathon Scott, Menlo Park, 52:22. 902 - ...

- 1001 - Jonathon Scott, Menlo Park, 52:22. 1002 - ...

- 1101 - Gary Allen, SF, 54:10. 1102 - ...

- 1201 - Eric Sanchez, SF, 54:45. 1202 - ...

- 1301 - Eric Sanchez, SF, 54:45. 1302 - ...

- 1401 - Eric Sanchez, SF, 54:45. 1402 - ...

- 1501 - Eric Sanchez, SF, 54:45. 1502 - ...

- 1601 - Eric Sanchez, SF, 54:45. 1602 - ...

- 1701 - Eric Sanchez, SF, 54:45. 1702 - ...

- 1801 - Eric Sanchez, SF, 54:45. 1802 - ...

- 1901 - Eric Sanchez, SF, 54:45. 1902 - ...

- 2001 - Eric Sanchez, SF, 54:45. 2002 - ...

- 2101 - Eric Sanchez, SF, 54:45. 2102 - ...

- 2201 - Eric Sanchez, SF, 54:45. 2202 - ...

- 2301 - Eric Sanchez, SF, 54:45. 2302 - ...

- 2401 - Eric Sanchez, SF, 54:45. 2402 - ...

- 2501 - Eric Sanchez, SF, 54:45. 2502 - ...

- 2601 - Eric Sanchez, SF, 54:45. 2602 - ...

- 2701 - Eric Sanchez, SF, 54:45. 2702 - ...

- 2801 - Eric Sanchez, SF, 54:45. 2802 - ...

- 2901 - Eric Sanchez, SF, 54:45. 2902 - ...

- 3001 - Eric Sanchez, SF, 54:45. 3002 - ...

- 3101 - Eric Sanchez, SF, 54:45. 3102 - ...

- 3201 - Eric Sanchez, SF, 54:45. 3202 - ...

- 3301 - Eric Sanchez, SF, 54:45. 3302 - ...

- 3401 - Eric Sanchez, SF, 54:45. 3402 - ...

- 3501 - Eric Sanchez, SF, 54:45. 3502 - ...

- 3601 - Eric Sanchez, SF, 54:45. 3602 - ...

- 3701 - Eric Sanchez, SF, 54:45. 3702 - ...

- 3801 - Eric Sanchez, SF, 54:45. 3802 - ...

- 3901 - Eric Sanchez, SF, 54:45. 3902 - ...

- 4001 - Eric Sanchez, SF, 54:45. 4002 - ...

- 4101 - Eric Sanchez, SF, 54:45. 4102 - ...

- 4201 - Eric Sanchez, SF, 54:45. 4202 - ...

- 4301 - Eric Sanchez, SF, 54:45. 4302 - ...

- 4401 - Eric Sanchez, SF, 54:45. 4402 - ...

- 4501 - Eric Sanchez, SF, 54:45. 4502 - ...

- 4601 - Eric Sanchez, SF, 54:45. 4602 - ...

- 4701 - Eric Sanchez, SF, 54:45. 4702 - ...



Although not a big enough flock to form a caperede, these Big Bird devotees showed their pluck on the Hayes Street hill

Examiner/Kurt Rogers

—Please see next page

75th EXAMINER BAY TO BREAKERS

The top 5,000

—From Page F-7

1301 — John DeLorenzo, San Leandro, 54:57.120; ... 1302 — Robert H. ... 1303 — ...

1304 — ... 1305 — ... 1306 — ...

1307 — ... 1308 — ... 1309 — ...

1310 — ... 1311 — ... 1312 — ...

1313 — ... 1314 — ... 1315 — ...

1316 — ... 1317 — ... 1318 — ...

1319 — ... 1320 — ... 1321 — ...

1322 — ... 1323 — ... 1324 — ...



The Examiner's broadsheet centipede follows the Howard Street colt

member, 51:13.177; ... 1325 — ... 1326 — ...

1327 — ... 1328 — ... 1329 — ...

1330 — ... 1331 — ... 1332 — ...

1333 — ... 1334 — ... 1335 — ...

1336 — ... 1337 — ... 1338 — ...

1339 — ... 1340 — ... 1341 — ...

1342 — ... 1343 — ... 1344 — ...

1345 — ... 1346 — ... 1347 — ...

1348 — ... 1349 — ... 1350 — ...

1351 — ... 1352 — ... 1353 — ...

1354 — ... 1355 — ... 1356 — ...

1357 — ... 1358 — ... 1359 — ...

1360 — ... 1361 — ... 1362 — ...

1363 — ... 1364 — ... 1365 — ...

1366 — ... 1367 — ... 1368 — ...

1369 — ... 1370 — ... 1371 — ...

1372 — ... 1373 — ... 1374 — ...

1375 — ... 1376 — ... 1377 — ...

1378 — ... 1379 — ... 1380 — ...

1381 — ... 1382 — ... 1383 — ...

1384 — ... 1385 — ... 1386 — ...

1387 — ... 1388 — ... 1389 — ...

The finish-line follies of Linda Hyde of Los Gatos, left, and Nakisja Jelani of Mountain View

75th EXAMINER BAY TO BREAKERS

William Howard, M. Holly, N.J. 5528 2767 - David ...

2,801

2801 - Stephen Clark, Mojave 5534 2920 - Robert ...

3,201

3201 - Runner No. 80581, 597, 3022 - Runner ...

3,601

3601 - Runner No. 80000, 10225 2602 - Runner ...

3,701

3701 - Randall Hill, Oakland 10553 3702 - ...



Cal's marching band was still trotting and tooting when they hit the Great Highway after serenading runners along race route

3,201

3201 - Runner No. 80581, 597, 3022 - Runner ...

3,401

3401 - Philip Hault, Concord 10009 3402 - ...

3,301

3301 - Ward Merrill, Fortuna 5952 3302 - ...

3,201

3201 - Runner No. 80581, 597, 3022 - Runner ...

3,401

3401 - Philip Hault, Concord 10009 3402 - ...

3,301

3301 - Ward Merrill, Fortuna 5952 3302 - ...

3,501

3501 - Runner No. 80000, 10225 2602 - Runner ...

3,601

3601 - Marc Schoorbrood, Altamont 10029 3602 - ...

3,701

3701 - Randall Hill, Oakland 10553 3702 - ...

3,501

3501 - Runner No. 80000, 10225 2602 - Runner ...

3,601

3601 - Marc Schoorbrood, Altamont 10029 3602 - ...

3,701

3701 - Randall Hill, Oakland 10553 3702 - ...

3,501

3501 - Runner No. 80000, 10225 2602 - Runner ...

3,601

3601 - Marc Schoorbrood, Altamont 10029 3602 - ...

3,701

3701 - Randall Hill, Oakland 10553 3702 - ...

3,501

3501 - Runner No. 80000, 10225 2602 - Runner ...

3,601

3601 - Marc Schoorbrood, Altamont 10029 3602 - ...

3,701

3701 - Randall Hill, Oakland 10553 3702 - ...

Examiner/Chris Hardy

Examiner/John Storey

Big hit for sidewalk gawkers was this gaudy tiara and bridal gown combo

3743 - Forest Elliott, San Carlos 10056 3744 - ...

3,801

3801 - Gordon Henderson, San Mateo 10102 3802 - ...

3,601

3601 - Marc Schoorbrood, Altamont 10029 3602 - ...

3,901

3901 - Bryan Gault, San Jose 10119 3902 - ...

3,701

3701 - Randall Hill, Oakland 10553 3702 - ...

Please see next page

