

V.M.C.EMIL ZATOPEK 10,000m TROPHY, "A" Division, OLYMPIC PARK, 18-12-1980.
10 Starters. Cool, fair breeze.

1. Steve AUSTIN 29	27:54.3	4. Jeff COOLE 27	29:29	7. Graeme KENNEDY 22	29:54
2. Gary BENTLEY 30	28:44	5. Warren PARTLAND 20	29:45	8. Graeme CLEWS	30:12
3. Steve POULTON 23	29:20	6. Peter NOORDHOFF 24	29:52	9. Nick DeCASTELLA 20	30:22

"B" Division, Olympic Park, 17-12-80. 14 Starters. Cool, cloudy, steady breeze.

1. John WADDINGTON 28	30:42.1	5. Dvid POTTS 22	30:57	9. Martin O'MALLEY 25	31:56
2. Billy JOYCE 26	30:45	6. Ken DUXBURY 27	31:02	10. Tom DANOS 33	32:21
3. Robin SEALEY 23	30:47	7. Paul O'HARE 31	31:17	11. Neil RYAN 38	32:40
X 4. Trevor VINCENT 42	30:50	8. Bob GUTHRIE 37	31:33	12. Daniel BELNICK 20	33:23

"C" Division. Olympic Park, 17-12-80. 22 Starters. Cold, overcast, spot shower.

1. Doug LEBAS 39	31:45	8. Tom YUNCKEN 33	32:43	X 15. Kerry PRITCHARD 35	33:52
2. Bruce COOK 24	31:47	X 9. Ray BROWN 39	33:07	16. David W JONES 29	33:53
3. John CONNELLAN 26	32:14	X 10. Michael GOERKE 38	33:07	X 17. Ian RANDS 35	34:01
4. Ian SLOANE 27	32:14	X 11. Bob SCHICKERT 39	33:13	18. Andrew WALKER 29	34:01
X 5. Carl STEVENSON 35	32:32	12. Les MOLLARD 26	33:22	X 19. Jim McLENNAN 36	34:17
6. Ian BARRY 29	32:34	13. Peter KEHOE 26	33:45	20. John GRIFFITHS 16	34:24
7. Martin CASH 22	32:36	14. Robin YOUNG 32	33:50		

"D" Division. Olympic Park, 16-12-80. 31 Starters. Cool, overcast, humid.

1. Geoff ELSTON 33	33:34	12. John WATTE40	34:47	23. John EYRE 45	35:53
2. Bill HALL 26	34:06	13. Frank DWYER 29	34:51	24. Brian RYCROFT 48	36:00
X 3. Gerry HART 42	34:08	14. Brendan McVEIGH 38	35:03	25. Mike KELLEHER 17	36:12
X 4. David LYNCH 45	34:20	15. Ken BUNNING 39	35:07	26. Steve LUDER 30	36:18
X 5. Tony BERRY 45	34:33	16. Ian DUNN 32	35:12	27. John SMITH 45	36:38
X 6. Kevin MACKEN 35	34:33	17. Jim CRAWFORD 45	35:14	28. Lindsay BEATON 30	36:50
7. Ross MARSHALL 32	34:43	18. Geoff THOMAS 41	35:18	29. Gary COSSENS 27	36:56
8. Peter ZAHARIAS 23	34:44	19. Graeme HUNTINGTON 44	35:25	30. Trevor REDGRAVE 41	37:44
9. David OLNEY 34	34:45	20. Bob COCHRANE 37	35:38	31. David ANSELL 39	39:45
10. Joe CAMPISI 23	34:46	21. Rod HEATH 26	35:44		
11. GEOFF PAYNE 36	34:47	22. Tony FEDER 28	35:47		

"E" Division. Olympic Park, 16-12-80. 30 Starters. Cool, overcast, light drizzle.

1. Mike CARAHER 33	34:27	11. Bill FULTON 45	36:42	21. John RICE 34	38:14
2. Rob LAWRENCE 34	34:58	12. Mike HUBBERT 37	36:48	22. Bryan KELLY 33	38:15
3. Bill MITCHELL 28	35:10	13. Gerry RILEY 50	37:18	23. Alan CLARKE 46	38:20
4. Dave COLEMAN 31	35:26	14. Tom HANCY 43	37:21	24. Peter NELSON 40	38:29
5. Raydn NOLAN 25	35:29	15. Terry CUMMINS 41	37:25	25. Fred LESTER 57	38:31
6. Derek BOWDEN 31	35:49	16. Alan THREADWELL 25	37:35	26. Peter BATTRICK 37	38:53
7. John GILL 32	35:52	17. Ivan ROBOTHAM 38	37:37	27. Peter JOHNSTONE 44	38:55
8. Bob LAUGHTON 42	36:11	18. Barry BROWN 37	37:40	28. Colin MACKENZIE 46	39:08
9. Murray DICKINSON 42	36:25	19. Peter CALVERLEY 34	37:43	29. John FREARSON 30	40:04
10. Jim HOPKINS 31	36:33	20. Lyle FLETCHER 49	37:44	30. Rod OPIE 31	40:05

"W" Division. Olympic Park, 15-12-80. 22 Starters. Cool, fine, light wind.

1. Megan SLOANE 27	35:56.2 (AR)	8. Laura DESS 16	40:51	15. Peggy SMITH 44	44:33
2. Jenny WALKER 22	36:11	9. Rozanne BRISBANE 18	41:09	16. Fran JOLLEY 38	50:21
3. Mary McLENNAN 32	37:42	10. Sue DAVIDSON 40	41:46	17. Pauline BRADSHAW 41	51:49
4. Kerrin TURNER 17	37:51.4 (VJR)	11. Shirley YOUNG 50	43:17	18. Maggie CLEMENTS 38	54:49
5. Kitty CHILLER 16	38:08	12. Anne CALLAGHAN 43	43:25	19. Lynne SCHICKERT 39	57:56
6. Dot BROWNE 39	38:28	13. Susan RAGG 19	43:27	20. Dianne SLATTER 34	62:59
7. Sue KEY 26	40:01	14. Jane ANDERSON 19	43:53	21. Lorraine BENSON 36	64:19

V.M.C. EMIL ZATOPEK 10.000m TROPHY, "F"Division, Olympic Park, 15-12-80. 50 Starters.

1. Steven HADLOW 24	33:11	18. Phil McINTOSH 29	38:44	35. Rod HERON 50	40:16
2. Ken FRASER 45	34:40	19. David FARNSWORTH 42	38:47	36. Colin POLLARD 16	40:16
3. Ken COPPLEMAN 32	35:39	20. Ted McDONALD 61	38:51	37. Stan NICHOLLS 69	40:21.6 *
4. Ian GILBERT 32	35:46	21. Don ODELL 43	38:54	38. Mike HOARE 45	40:26
5. Rex YOUNG 44	36:26	22. Ken WHITE 34	38:57	39. John JOHNSTON 57	40:27
6. Lindsay HOOPER 53	36:29	23. Wal SHEPPARD 58	39:16	40. Ross BARNETT 32	40:30
7. Ray CALLAGHAN 47	36:46	24. Jeff SHARPE 32	39:17	41. Geoff KINGSTON 17	40:59
8. Geoff LYONS 33	36:48	25. Tony BRADSHAW 47	39:33	42. Peter KEPPEL 25	41:01
9. Jim FOLEY 42	37:07	26. Terry CASH 47	39:34	43. Stuart McWHINNEY 21	41:45
10. Max WALKER 31	37:11	27. Merv WOODGATE 51	39:35	44. Allan HILBREED 33	42:40
11. Peter MORRIS 36	37:38	28. Noel MAXWELL 39	39:36	45. Bill PAGE 33	42:53
12. Greg PARSONS 25	37:59	29. Bill SCULLEN 43	39:37	46. Alan SEWARD 39	43:15
13. Brian JOHNSTON 41	38:19	30. Jim DUGGAN 38	39:50	47. Stan MISKIN 55	45:40
14. Mike CUMMINS 36	38:21	31. John McBRIDE 30	40:01	48. Frank BONECKER 55	45:43
15. Graham BURKE 34	38:25	32. Terry DAVIDSON 42	40:02	49. Peter WHEELER 38	46:14
16. Jarker GORANDER 47	38:27	33. Merv LARTER 37	40:08		
17. Bruce PIPPEIT 30	38:30	34. Merv TRACEY 32	40:14		

* World Age Record

ULTRA DISTANCE REPORT

Peter Logan.

They've tried hard in Sydney to make their 50 miler the toughest road race in Australia and I can safely say they have finally succeeded ! The course now is from Sydney Town Hall to Wollongong Town Hall via Mt.Ousley, and the total distance is closer to 52 miles.

1980 winner, Wayne Rouse, was sponsored by his Christchurch(NZ) club and was looked after by Don Kyssecker and race organiser Tom Gillis (both do a good job looking after interstateers as well !). Tom and Don did the right thing by NZ the following week - see results below.

We are having our track 50 miles on July 11th this year, at University track, so please advise me early if you intend to run (690 51 80). The 50 miles planned for Portsea in April is NOT on !

Other events: April 12 100 miles track, Sydney /October 50 mile Wollongong to Sydney.

Sydney-Wollongong "50", 19-10-80 , 37 finishers (4 women) :

1. Wayne ROUSE (NZ) 5:53:11	5. Bob BRUNER (Vic) 6:53:15	V40	9. Matthew CULL 6:58:49
2. Anyce MELHAM 6:24:21	6. Bill WEBSTER 6:54:09		10. Peter LOGAN (Vic) 7:03:56
3. Bob TELFER 6:27:45	7. Mark McKEOWN 6:54:26		11. Tony VISALLI 7:06:02
4. Kerry HELNECKE 6:38:10	8. Andy ELKIN 6:58:20		21. Carolyn VAUGHAN 7:52:40

SIMON & LOWTHER 100km ROAD RACE, Christchurch, NZ, 25-10-80.

1. Tom GILLIS 7:42:38	2. Siggie BAUER (NZ) 7:45:36	3. John SOUPER (NZ) 8:19:32	4. Don KEYSSECKER 8:33:44
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100km Track, Q.E.II Park, Christchurch, August 1980.

1. Roger ALCORN (NZ) 7:19	2. Don KEYSSECKER (AUST) 7:42.
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100km Road, Sydney, 20-7-1980.

1. Don KEYSSECKER 8:05:49	2. Ian HUTCHISON 9:15:52	3. Russel BOND 10:15:09	V40
4. Allan STAPLES 10:46:20	5. Keith BORDEN 10:58:42	V50	6. Bob MORGAN 12:25:27

LETTER TO THE EDITOR

Grant Aldous.

Your worthy comments in the last Newsletter concerning the behaviour of some race participants brings to mind one of my pet bugs -- people promoting themselves to faster time sections, be it though they know in their own minds that they are not Gary Henry's or Frank Shorters. Yet they push to the front and then become barriers.

We could take a lesson from competitors in the Honolulu Marathon who did not break ranks.

As each time group was led to the start, others applauded them.

The start was jostle free and there was a marvellous feeling of friendship with everyone prepared to help each other finish.