

Southside Masters Race Results for 31-Jan-19

Race	Heat	Place	ID	Name	Time	HCap	Net	Pts
10k Road								
	1	1	46	Glenn Gielissen	44:51	45:24	-0:33	8
	1	2	228	Stuart Rennie	46:35	40:33	6:02	
	1	3	55	Richard McNally	46:40	43:30	3:10	4
	1	4	49	Craig Scarr	51:10	49:37	1:33	5
	1	5	176	Theresa Healey	52:19	51:56	0:23	6
	1	6	21	Martin Cansell	54:25	51:10	3:15	3
	1	7	39	Stuart Muir	54:25	49:27	4:58	2
3k Walk								
	1	1	71	Emma Blanch	16:49	15:18	1:31	5
	1	2	34	Geoff Darby	20:36	18:26	2:10	4
	1	3	3	Chris Stratford	22:21	21:35	0:46	8
	1	4	19	Anna Argall	26:10	24:56	1:14	6
	1	5	40	Michael Roberts	26:19	26:49	-0:30	11
	1	6	24	Clive Plummer	29:26	29:08	0:18	9
	1	7	11	Patricia Simpson	29:38	28:44	0:54	7
	1	8	70	Mike IZard	31:21	24:30	6:51	2
	1	9	67	David Burns	31:21	26:48	4:33	3
400m								
	1	1	201	Warwick Smith	1:15	1:15	0:00	
	1	2	200	Clara Smith	1:22	1:18	0:04	
	1	3	146	Evelyn Cusack	1:31	1:23	0:08	
	1	4	211	Britney Cansell	1:36	1:31	0:05	8
	1	5	140	Will Cusack	1:40	1:30	0:10	
	1	6	141	Adele Cusack	1:48	1:47	0:01	
	1	7	286	Soraya Deme	1:49	1:52	-0:03	11
	1	8	15	Elise Wilson	1:50	1:46	0:04	9
	1	9	44	Anna Russ	2:05	1:56	0:09	5
	1	10	304	Benjamin Cusack	2:27	2:35	-0:08	
	1	11	24	Clive Plummer	2:40	2:02	0:38	2
	2	1	320	Paul Dickin	1:05	0:45	0:20	4
	2	2	13	Mathew Simpson	1:10	1:03	0:07	7
	2	3	72	David Sullivan	1:26	1:19	0:07	7
	2	4	29	Craig Alexander	1:29	1:08	0:21	3
	2	5	264	John Meacham	2:09	1:55	0:14	
5000m								
	1	1	29	Craig Alexander	17:23	16:38	0:45	9

Race	Heat	Place	ID	Name	Time	HCap	Net	Pts
	1	2	337	Zac Brown	18:16	18:13	0:03	13
	1	3	177	Seth Healey	20:32	16:51	3:41	2
	1	4	320	Paul Dickin	21:01	19:15	1:46	3
	1	5	142	Luke Cusack	21:01	18:57	2:04	
	1	6	227	Bryce England	21:06	21:01	0:05	12
	1	7	22	Joanne Wilson	21:14	19:59	1:15	5
	1	8	69	Daniel Toole	22:15	21:44	0:31	10
	1	9	339	Alistair Watchorn	22:16	23:42	-1:26	
	1	10	357	Colin Contessa	23:19	14:00	9:19	
	1	11	340	Dominique Honore	24:33	24:20	0:13	11
	1	12	2	Bob Fickel	27:11	26:22	0:49	7
	1	13	38	Janice Marshall	28:03	27:18	0:45	9
	1	14	18	Richard Morris	28:10	28:44	-0:34	14
	1	15	25	Craig Russ	28:41	27:39	1:02	6
	1	16	54	Joy Allen	29:17	27:39	1:38	4
	1	17	264	John Meacham	30:34	29:22	1:12	
	1	18	114	Alan O Toole	30:53	32:10	-1:17	16
	1	99	72	David Sullivan	99:99	18:33	81:66	1