

# Southside Masters Race Results for 17-Jan-19

Race	Heat	Place	ID	Name	Time	HCap	Net	Pts
10k Road								
	1	1	72	David Sullivan	41:10	39:45	1:25	8
	1	2	66	Magda Poulos	43:32	42:06	1:26	6
	1	3	46	Glenn Gielissen	45:24	30:00	15:24	2
	1	4	55	Richard McNally	48:00	42:30	5:30	3
	1	5	49	Craig Scarr	50:40	46:08	4:32	4
	1	6	176	Theresa Healey	51:56	49:22	2:34	5
200m								
	1	1	320	Paul Dickin	0:26	0:20	0:06	5
	1	2	13	Mathew Simpson	0:27	0:26	0:01	10
	1	3	31	Lucy Alexander	0:33	0:29	0:04	6
	1	4	32	Austin Alexander	0:40	0:38	0:02	8
	1	5	15	Elise Wilson	0:45	0:44	0:01	10
	1	6	16	Sami Wilson	0:46	0:46	0:00	12
	1	7	33	Lani Alexander	0:49	0:46	0:03	7
	1	8	22	Joanne Wilson	0:50	0:20	0:30	3
	1	9	67	David Burns	0:53	0:20	0:33	2
	1	10	264	John Meacham	1:00	0:50	0:10	
	1	11	24	Clive Plummer	1:04	0:52	0:12	4
3k Walk								
	1	1	71	Emma Blanch	16:59	15:18	1:41	3
	1	2	3	Chris Stratford	22:56	21:35	1:21	4
	1	3	30	Nerida Alexander	23:38	12:00	11:38	2
	1	4	19	Anna Argall	26:14	24:56	1:18	5
	1	5	40	Michael Roberts	27:36	28:32	-0:56	9
	1	6	11	Patricia Simpson	28:58	28:03	0:55	6
	1	7	24	Clive Plummer	29:20	29:00	0:20	7
5000m								
	1	1	29	Craig Alexander	16:51	16:16	0:35	11
	1	2	320	Paul Dickin	21:39	19:15	2:24	6
	1	3	22	Joanne Wilson	21:47	19:59	1:48	7
	1	4	340	Dominique Honore	24:20	14:00	10:20	3
	1	5	21	Martin Cansell	25:55	22:58	2:57	5
	1	6	2	Bob Fickel	26:34	26:22	0:12	12
	1	7	107	Tim Garvey	28:24	27:31	0:53	10
	1	8	263	Jill Valentine	28:38	14:00	14:38	2
	1	9	54	Joy Allen	29:11	27:39	1:32	9

Race	Heat	Place	ID	Name	Time	HCap	Net	Pts
	1	10	18	Richard Morris	29:29	27:47	1:42	8
	1	11	25	Craig Russ	29:47	25:00	4:47	4
	1	12	264	John Meacham	31:48	29:22	2:26	
	1	13	114	Alan O Toole	32:10	32:14	-0:04	13
	1	14	67	David Burns	35:43	37:26	-1:43	15
	1	99	352	Zane Honore	99:99	14:00	85:99	1