

Date	Event	Heat	Place	Name	RaceTime
06-Dec-18	200m	1	1	David Sullivan	0:37
06-Dec-18	200m	1	2	Elise Wilson	0:44
06-Dec-18	200m	1	3	John Meacham	0:50
06-Dec-18	200m	1	4	Sami Wilson	0:54
06-Dec-18	200m	1	5	Clive Plummer	1:02
06-Dec-18	200m	1	6	John Irvine	1:03
06-Dec-18	3000m	1	1	Mark Simpson	9:50
06-Dec-18	3000m	1	2	Seth Healey	10:35
06-Dec-18	3000m	1	3	David Sullivan	11:15
06-Dec-18	3000m	1	4	Stuart Rennie	11:22
06-Dec-18	3000m	1	5	Joanne Wilson	12:10
06-Dec-18	3000m	1	6	Theresa Healey	13:37
06-Dec-18	3000m	1	7	Darra Wendt	13:51
06-Dec-18	3000m	1	8	Craig Scarr	13:54
06-Dec-18	3000m	1	9	Stuart Muir	14:29
06-Dec-18	3000m	1	10	Martin Cansell	15:14
06-Dec-18	3000m	1	11	Cooper Scarr	15:33
06-Dec-18	3000m	1	12	Bob Fickel	15:51
06-Dec-18	3000m	1	13	Janice Marshall	16:19
06-Dec-18	3000m	1	14	Richard Morris	16:24
06-Dec-18	3000m	1	15	John Meacham	17:37
06-Dec-18	3000m	1	16	Russell Lee	17:56
06-Dec-18	3000m	1	17	Alan O Toole	18:34
06-Dec-18	3k Walk	1	1	Craig Russ	20:48
06-Dec-18	3k Walk	1	2	Cindy Zhao	22:46
06-Dec-18	3k Walk	1	3	Jenny Yates	27:06
06-Dec-18	3k Walk	1	4	Clive Plummer	29:30
06-Dec-18	3k Walk	1	5	David Burns	32:52