

Southside Masters Race Results for 16-Aug-18

Race	Heat	Place	ID	Name	Time	HCap	Net	Pts
10k Road								
	1	1	55	Richard McNally	43:30	40:35	2:55	5
	1	2	89	Imogen Gribble	43:30	30:00	13:30	3
	1	3	310	Fenella Sunaway	43:33	30:00	13:33	2
	1	4	39	Stuart Muir	50:40	47:53	2:47	6
	1	5	12	Robert Simpson	52:05	48:59	3:06	4
	1	6	2	Bob Fickel	56:50	54:35	2:15	8
	1	99	67	David Burns	99:99	70:42	29:57	1
3k Walk								
	1	1	71	Emma Blanch	15:01	15:12	-0:11	12
	1	2	37	Russell Lee	22:20	20:27	1:53	3
	1	3	25	Craig Russ	23:06	21:33	1:33	6
	1	4	285	Cindy Zhao	24:01	23:31	0:30	9
	1	5	70	Mike Izard	26:04	24:30	1:34	5
	1	6	19	Anna Sung	26:41	24:09	2:32	2
	1	7	211	Britney Cansell	27:18	25:38	1:40	4
	1	8	11	Patricia Simpson	29:44	28:37	1:07	8
	1	9	187	Dianne Wiley	29:45	28:37	1:08	7
	1	10	24	Clive Plummer	29:49	29:40	0:09	10
400m								
	1	1	13	Mathew Simpson	1:03	1:01	0:02	7
	1	2	90	Tiahna Woodger	1:06	1:03	0:03	5
	1	3	12	Robert Simpson	1:07	1:10	-0:03	10
	1	4	31	Lucy Alexander	1:08	1:10	-0:02	9
	1	5	29	Craig Alexander	1:15	1:04	0:11	3
	1	6	72	David Sullivan	1:24	1:18	0:06	4
	1	7	62	Lahni Woodger	1:26	0:45	0:41	
	1	8	211	Britney Cansell	1:33	0:45	0:48	2
	1	9	41	Les Farley	1:35	1:35	0:00	8
	1	10	176	Theresa Healey	1:39	1:37	0:02	7
	1	11	24	Clive Plummer	2:02	2:10	-0:08	12
5000m								
	1	1	29	Craig Alexander	16:16	16:14	0:02	8
	1	2	301	Michael Lough	17:31	17:45	-0:14	9
	1	3	246	Adam Baker	18:06	18:21	-0:15	11
	1	4	72	David Sullivan	19:02	18:45	0:17	6
	1	5	62	Lahni Woodger	21:43	22:24	-0:41	

Race	Heat	Place	ID	Name	Time	HCap	Net	Pts
	1	6	320	Paul Dicken	22:40	14:00	8:40	
	1	7	91	Greg Hudson	26:08	25:04	1:04	4
	1	8	18	Richard Morris	28:22	28:12	0:10	7
	1	9	177	Seth Healey	29:21	16:55	12:26	2
	1	10	176	Theresa Healey	29:22	21:37	7:45	3
	1	11	40	Michael Roberts	31:49	31:14	0:35	5
	1	12	105	John Dawlings	32:47	25:14	7:33	