RAINBOW BEACH TRAIL RUN - 2ND NOVEMBER, 1991 QUEENSLAND

On Saturday,2nd November, the annual Rainbow Beach Trail Run was conducted for the third time. This year's event was sponsored by the Rainbow Beach Holiday Village and conducted by the Rainbow Beach Surf Lifesaving Club under the directorship of Dennis Parton. A total of 47 competitors entered the 3 events (55km, 33km and 15km)

The first part of the two longer runs along the beach proved somewhat more difficult than usual since the tide was high and the remaining sand was somewhat loose. The weather was overcast and humid and the lack of rain in recent weeks made some of the sandy sections of the bush trails more difficult to negotiate.

Gary Parsons led the runners off the beach, but surrendered the lead after entering the forest, to John Lord, who was later overtaken by Rodger Thompstone and Sandy Buchan. This pair put on an exciting sprint to the finish, with Sandy failing by centimetres to overtake Rodger. Four of the runners originally entered for the 55km event, decided to opt out at the 33km mark, but the remaining 10 all finished, with Geoff Boase being first across the line, followed by Victorian visitor (!!) Ross Shilston. The third person across the line was the first of the three female competitors, Nicole Carroll, a 19 year old who would seem to have a promising future in this shorter type of ultra run. Second female was Carol Street, who performs best in longer races. Once again, John Petersen showed his mental toughness by completing the course in the trying conditions even though he is 75 years old.

The 15km event for males was won by Chris French from Greg Nott and Andrew French third. Another exciting sprint finish in the women's section saw Therese Corcoran victorious over her running partner Noela Braemeld, with Rosemary Crouch third. Two youngsters decided to emulate their dads and completed the 15km event. They were David Dellow and Damir Mesalic.

It was good to see a pair of well-performed ultra-runners, namely Owen Toliday and Bob Hunter at the event, although, as Owen said, it was not the type of race to enter on limited training. Bob Hunter donated two copies of his recently published book on running - "The Games Afoot" for random draw prizes.

At the barbeque and presentation ceremony, the QMRRC Ultra Division Series trophies were presented to Stephen Lewis and Carol Street. These awards are based on points scored in the best five races of the six race calendar of ultra events in Queensland. Ron Grant's Trophy for Sportsmanship, Commitment and Dedication was awarded to Ray Chatterton.

RESULTS:

15KM

1. Chris FRENCH	1.13.17	
2. Greg NOTT	1.13.36	
3. Andrew FRENCH	1.16.31	
4. Ron MANN	1.21.54	
5. Julian BRAMELD	1.22.35	
6. Larry LIDBETTER	1.24.37	
7. John McINTYRE	1.28.55	
8. David DELLOW	1.29.54	(U16)
9. Therese CORCORAN	1.29.54	(!stF)
10. Noela BRAMELD	1.29.55	(2ndF)
11.Mark MURRAY	1.39.04	
12. Rosemary CROUCH	1.46.45	(3rdF)
13. Damir MESALIC	1.49.47	(U16)
14. John BARR	1.51.01	
15. Andrew PAGE	2.01.32	
16. Sandra COX	2.03.49	(4th F)

33KM

1. Rodger THOMPSTONE	2.31.14
2. Sandy BUCHAN	2.31.15
3. John LORD	2.33.51
4. Darren MORLEY	2.39.47
5. Gary PARSONS	2.42.16
6. Murray STRATFORD	2.47.21
7. Owen TOLLIDAY	2.48.20
8. Cliff FRENCH	2.50.54
9. Asim MESALIC	2.51.48
10. Graeme WALKER	2.51.51
11. Shane McBRIDE	2.52.26
12. Bob HUNTER	2.53.26
13. Ashley KEATING	3.03.07
14. Doug QUADRIO	3.13.10
15. Bruce JOHNSON	3.17.05
16. Richard BOWMAN	3.20.25
17. Neil HIGGINS	3.20.27
18. Col WARING	3.27.46
19. Arthur COX	3.34.16
20. Paul STAFFORD	3.43.47

55KM
1. Geoff BOASE   4.47.51
2. Ross SHILSTON   5.06.31
3. Nicole CARROLL   : 5.27.52 (1stF)
4. Ian JAVES   5.30.25
5. Geoff WILLIAMS   6.03.37
6. Stephen LEWIS   6.03.37
7. Kevin DELLOW   6.26.33
8. Carol STREET   6.26.49 (2ndF)
9. John PETERSEN   8.32.09
10. Phillipa BOLT   9.12.45 (3rdF)

Ed's note: Congratulations to race organiser Ian Javes and Dennis Parton, race director for what appeared to be a fantastic day of events. Our mate from Victoria, Ross Shilston who came in 2nd in the long one is thrilled to have been presented with a trophy, the column of which lights up in the dark. He hasn't stopped playing with it since he came home! Reckons he went 50m.off course during the 55km event to climb a lookout tower on the second lap to check out how far Geoff Boase was ahead. He decided that Geoff was too far ahead to catch, but then when he started to relax a bit, he nearly got run down by Nicole Carroll. so had to pick up the pace again. He knew he would never have lived it down back home in Melbourne if he he'd let a woman beat him!

Australian Subscriptions to *Ultrarunning*

Subscription rates:

	1 year	2 years
Surface mail	32	58
Airmail	66	

All amounts are in U.S. dollars.

Recommended payment options —
1. Postal money order in U.S. dollars.
2. International bank check in U.S. dollars payable on a U.S. bank.
3. Visa or MasterCard credit cards. If using a credit card, please give
   • the name as it is on the card
   • the card number
   • and the date of expiration.
4. Only if necessary, U.S. dollars in cash. We're honest, but if it gets lost in the mail . . .

In all cases, make sure to print clearly!

Please do not send us a check in some other currency or written on a non-U.S. bank, as our bank seems to be unable to deal with these.

Send subscriptions to:
Ultrarunning
P.O. Box 481
Sunderland, MA 01375
USA

Ed's note: The Magazine "Ultrarunning" is excellent value and is highly recommended to all our readers. While the cost may appear high, it should be noted that you receive 10 issues per year. Naturally, the Magazine's content is mainly American. But you'll notice by the articles we reproduce in our AURA Magazine, that there are many interesting reports and articles in "Ultrarunning". We only select bits and pieces for reproduction from time to time. You need to subscribe yourself to keep up with the latest items of excellent information from "Ultrarunning"
Payment by your Visa or Master Card number would be the most convenient way to obtain yourself a subscription. **42.**