## RAINBOW BEACH TRAIL RUN 5TH NOVEMBER 1994

Once again the day proved successful for the organizers of the Rainbow Beach Trail runs, Dennis Parton and Ian Javes. There were three different distances contended for, thereby catering for all runners and even walkers willing to have a go. These were 50km, 33km and the shorter 15km. Brisbanes Ashgrove Rangers again proved themselves a major force in Queensland Ultra Distance Running, dominating the field in both the Men's and Women's 50km and 33km events. In the men's 50km the Ashgrove contingent ran away with Don Wallace, Tony Kleiner and Greg Barton taking out 1st, 2nd and 3rd places respectively. Wallace broke away in the later stages of the race to record an excellant winning time of 3-30-31. He was closely followed by training mates Tony Kleiner in 3-31-03 and Brisbanes newest ultra distance fanatic, Greg Barton, in 3-36-47. These times were very credible considering much of the run took place on soft sand tracks. This was certainly a tough event for the unaware. A further six runners competed the 50km with Nanango's Cathy Caton coming in second in the lady's event in a credible 6-31-00. Well done Cathy!

The 33km event saw a different race unfold. Ashgrove Ranger's Calvin Isdale competed in his first event over 21km and came home in first place in a time of 2-12-36. Bruce Cook put in a good effort for 2-16-15. John Lord pulled out a credible effort for third place, completing the course in 2-38-19, closely followed by John Page in 2-42-51.

In the women's race Ashgrove Ranger, Maud O'Loughlin, was also introduced to her first run over 21km and ran extremely well to take first place in 2-46-32. Rosemary Crouch was second in 3-33-59 while Wanda Foley was third in 3-53-33. Kerrie Hall took out the walking division in 4-50-03.

The 15km event had 12 entrants. Greg Nott won in 1-15-59. Hot on his heels was Dave Albion who recorded 1-16-44. John Greaney took out third place in 1-22-45. The ladies race saw Julie Rappo lead the way home in 1-26-39 ahead of Liz Brown in 2-16-29. Sue Christie, Nicole Temple and Jody Sowerby claimed the first three places in the walking event.

To finish the day off, a barbeque was held at the Surf Life Saving Club and most competitors braved the wild Rainbow Beach surf to end a very successful day. This event is a must for any runner wishing for a challenge and a weekend of fun. For details regarding next year's event contact Dennis Parton or Ian Javes.

## <u>RESULTS OF THE RAINBOW BEACH</u> TRAIL RUNS

50KM		h	m	S	<u>33KM</u>	h m s
1.	Don Wallace	3	- 30	- 31	1. Calvin Isdale	2 - 12 - 36
<i>2</i> .	Tony Kliener	3	- 31	- 03	2. Bruce Cook	2 - 16- 15
<i>3</i> .	Greg Barton	3	- 36	- 47	3. John Lord	2 - 38 - 19
<i>4</i> .	Robert Willis	4	- 20	- 47	4. John Page	2 - 42 - 51
<i>5</i> .	Nicole Carroll (1st F)	4 -	21 -	27	5. Maureen O'Lough	alin2 - 46 - 32 (1st F)
<i>6</i> .	Asim Mesalic	4	- 22	- 16	6. Michael Shul	tz 2 - 55 - 34
7.	Bob Burns	5	- 22	- 44	7. Mark Foley	3 - 00 - 48
8.	Ian Javes	5	- 25	- 07	8. Rosemary Crouch	h 3 - 33 - 59 (2nd F)
<i>9</i> .	Geoff Williams	5	- <i>53</i>	- 34	9. Wanda Foley	3 - 53 - 33 (3rd F)
<i>10.</i>	Cathy Caton (2nd F)	6	- 31	- 00	10. Kerrie Hall (	W) 4 - 50 - 03